

# User Testing 3 Study Task Instructions

If you have any difficulties during the testing, please feel free to ask the test facilitator for assistance. **Note: This is not a test on your abilities! You are free to discontinue the testing at any point.**

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While doing the test, whether or not you have used such mobile apps before, please imagine yourself in the perspective of using a real mobile fitness app, as part of your daily lives.

**Task 1:** Login with your account.

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## **Indicate Injury (Exercise Replacement) Feature**

Goal: Time the users for finding a suitable workout using another app VS. runkicker (assuming they have an injury)

**Task 2:** Launch any alternative application (8fit, MyFitnessPal, Jefit).

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**Task 3:** Imagine that you have a “**Shoulder**” injury. Find a replacement exercise you can do

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**Task 4:** Navigate to the “**Static**” workout page, and take note of the workouts that are not advisable.

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**Task 5:** Take a look at the differences of the Indicate Injury feature between the old and new version of the application.

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## **Adding Event to Calendar Feature**

**Task X:** Create a Run / Workout event of your desired type. When prompted, check the “Add to Calendar” option to add the event into your Calendar on your phone.

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**Task X:** Navigate to the phone’s Calendar app, check that the event created in the app is also displayed here.

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**Task X:** Navigate back to the app, and make any changes to the details of the event that you have created previously.

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**Task X:** Navigate back to the phone’s Calendar app, check that the event details that you have edited are updated successfully here.

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**END OF TASK INSTRUCTIONS**