

		Study Goal			Result (Reached/Not Reached)	
Goals:		1. Participants should be able to complete all tasks without guidance from a test facilitator.			Goal reached. Think aloud data and critical incidents revealed that some participants understood how to navigate around the app with the task instructions given.	
		2. Participants should be able to find suitable workout when they have an injury. With at least a 50% reduction in time to find a suitable workout as compared to the use of other apps and resources			Goal reached. Percentage reduction in time taken is more than 50%.	
Participants:	We recruited a total of 30 participants for the study.					
Key Findings Summary:						
Goal 2:						
Overall Mean	Runkicker	Other Apps + resources	Time reduction	% reduction		
	18.77419355	120.0322581	101.2580645	84.36%		
Interpretation:						
Overall	This shows that the users found the indicate injury feature useful and easy to use in providing suitable workouts despite having an injury					