

User Testing 3 Study Task Instructions

If you have any difficulties during the testing, please feel free to ask the test facilitator for assistance. **Note: This is not a test on your abilities! You are free to discontinue the testing at any point.**

While doing the test, whether or not you have used such mobile apps before, please imagine yourself in the perspective of using a real mobile fitness app, as part of your daily lives.

Task 1: Login with your account.

Indicate Injury (Exercise Replacement) Feature

Goal: Time the users for finding a suitable workout using another app VS. Runkicker (assuming they have an injury)

Task 2: Launch any alternative application (8fit, MyFitnessPal, Jefit).

Task 3: Imagine that you have a “**Shoulder**” injury. Find a suitable workout you can do using the application you have launched.

Task 4: Find a suitable workout you can do using the Runkicker.

Task 5: Take a look at the workout you have found and ensure that the workout does not consist of exercises which includes your affected body part.

Adding Event to Calendar Feature

Task 6: Create a Run / Workout event of your desired type. When prompted, check the “Add to Calendar” option to add the event into your Calendar on your phone.

Task 7: Navigate to the phone’s Calendar app, check that the event created in the app is also displayed here.

Task 8: Navigate back to the app, and make any changes to the details of the event that you have created previously.

Task 9: Navigate back to the phone’s Calendar app, check that the event details that you have edited are updated successfully here.

END OF TASK INSTRUCTIONS